

Clondegad 2020
Post COVID19 Training
Sessions

Parental Guidelines,
Cooperation & Assistance



Introduction

- Dear parent,
- As we make preparations to return to football training at Clondegad GAA grounds
- From week commencing, June 29th
- We ask for your
 - Attention, cooperation, and assistance
- With the following 6 guidelines/ areas



1

Pre training, health self-assessment

- All players must complete a health self-assessment form in advance of all training sessions.
 - These will be available on-line or from individual team coaches
- This involves a temperature check.
- For underage players, this form is to be signed by a parent or guardian
- If other family member(s) are displaying symptoms of C19, players and parents are strongly advised to stay away from training





Pre-training Sanitisation

- Upon arrival at training
 - all players on the U6, U8 & U10 panels are to be accompanied by a parent to the dedicated sanitising station, before going onto the training pitch.
- For U12's & upwards, the players are individually responsible for presenting themselves for sanitisation.
- They can also then, hand in their self-assessment forms to the dedicated COVID team helpers



3

Collection after training

- Parents, please collect your children
- of all ages
 - Special emphasis on U6, U8 & U10
- at the training pitch
- **On time**
- At the end of the training session



4

Club Membership

- All players, of all ages must be fully paid members of the club before returning to the training pitch, for insurance & other purposes.
 - These will be available on-line or from individual team coaches
- During these unprecedented times please note that this rule must be strictly adhered to



2020
MEMBERSHIP
RENEWAL



Water Bottles

- All players are to bring their own water bottles to training and obviously sharing will not be permitted
- Where possible, please write your child's name or initials on their own bottle with a permanent marker or sticky label



6

COVID Supervisor/ COVID Team helpers

- Each team will have a nominated COVID supervisor, as per GAA head office guidelines.
- We expect this person to be one of the existing team coaches.
- We are however looking for volunteers, as COVID team helpers
 - 2 such helpers, per team, per training session are required.
 - If we do not get 2/3 dedicated helpers, we will have to operate a rota system with parents
- These helpers will predominantly man the sanitising stations and collect completed self-assessment forms from players/ parents before training
- Control player numbers using toilet facilities, etc.. throughout the session
- We would really appreciate any volunteers for these roles



Our thanks to you!

- Dear parent,
- We thank you all for your continued support and look forward to getting back out on the pitch together, at Clondegad.
- Yours in sport,
 - Clondegad Club Management



**A big
thank
you**
for all your
help and support.